Senescence in duckweed: age-related declines in survival, reproduction and offspring quality

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Summary

1. As they grow old, most organisms experience progressive physiological deterioration resulting in declining rates of survival and reproduction - a seemingly maladaptive phenomenon known as senescence.

2. Although senescence is usually defined with respect only to survival and reproduction, a third component of fitness, offspring quality, may also decline with age. Few studies, however, have assessed age-related changes in offspring quality using measures that truly reflect fitness.

3. In a controlled environment, we tested for age-related declines in three demographic components of fitness (survival, reproduction and offspring quality) in *Lemna minor*, a small aquatic plant in the subfamily Lemnoideae (the duckweeds) with a short life span and rapid rate of asexual reproduction. Our primary measure of offspring quality, the intrinsic rate of increase, more closely approximates fitness than measures used in previous studies such as size, life span and total reproductive output.

4. We observed strong age-related declines in all three components of fitness: old plants had lower rates of survival and reproduction, and produced lower-quality offspring than younger plants.

5. Theoretical and empirical research on the evolutionary biology of senescence should devote more attention to offspring quality. This often unrecognized component of fitness may change with age – as we have shown in L. *minor* – and may be shaped by, and feed back into, the same evolutionary forces that give rise to senescence.

Key-words: ageing, Lansing effect, Lemna minor, life history, parental age effects

Introduction

Senescence is characterized by progressive physiological deterioration and age-related declines in survival and reproduction (reviewed in Kirkwood & Austad 2000; Hughes & Reynolds 2005; Williams *et al.* 2006; Sherratt & Wilkinson 2009). Such declines are seemingly deleterious from the perspective of an ageing individual, and yet senescence occurs in many taxa (Jones *et al.* 2014). Explaining the evolution and maintenance of senescence has therefore been an important challenge in evolutionary biology.

In the most general sense, the evolutionary paradox of senescence concerns age-related declines in the expectation of future genetic representation (i.e. fitness). All else being equal, a lineage that is not subject to age-related declines in fitness should have greater future representation than one that is. Although many authors define senescence with respect only to survival and reproduction, there is increasing evidence that another component of fitness, offspring quality, may also decline with age (Kern *et al.* 2001). For example, a decline in offspring life span with increasing parental age (known as the Lansing effect) has been observed in a variety of taxa including rotifers (Lansing 1947, 1948), ladybird beetles (Singh & Omkar 2009), duckweeds (Ashby & Wangermann 1949) and humans (Bell 1918; Gavrilov & Gavrilova 1997) (additional examples are cited in Priest, Mackowiak & Promislow 2002). Similarly, advanced parental age has been shown to negatively affect offspring fecundity schedules in great tits (Bouwhuis *et al.* 2010) and pre-industrial humans (Gillespie, Russell & Lummaa 2013a).

Age-related declines in offspring quality are paradoxical in much the same way as age-related declines in survival and reproduction. All else being equal, lineages not subject to age-related declines in offspring quality should have greater future representation than those that are. Of course, this argument is only valid insofar as offspring 'quality' reflects biological fitness. Life span is generally a poor measure of fitness (e.g. Jenkins, McColl & Lithgow 2004), so despite the apparent prevalence of age-related

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declines in offspring life span, the extent to which offspring fitness declines with parental age remains unclear. Resolving this gap in our understanding is important because established theories of life history evolution and senescence implicitly assume that offspring fitness is constant with parental age (e.g. Williams 1957; Hamilton 1966; Kirkwood & Rose 1991). If this is not the case, then the force of selection cannot be understood simply in terms of agespecific survival and fecundity, but may also depend on age-specific patterns of change in offspring fitness (e.g. Pavard, Koons & Hever 2007). As Caswell (2001) points out: 'The paradoxes of life history theory mean that selection must be studied in terms of the entire life cycle. The alternative - analysis in terms of a subset of vital rates, or what are called components of fitness - risks getting answers that are qualitatively wrong', (p. 280). Thus, if offspring fitness does indeed change with parental age, evolutionary analyses that ignore such changes may lead us astrav.

Here we test for age-related declines in three major demographic components of fitness (survival, reproduction and offspring fitness) in Lemna minor L., a small and short-lived aquatic plant (Landolt 1986). Our primary interest is to understand whether offspring fitness declines with increasing parental age. Lemna minor is an excellent species in which to address this question for two reasons. First, reproduction in L. minor is almost exclusively asexual, which simplifies the analysis of parental age effects (there is only one parent to account for and it is easy to identify). Secondly, previous research suggests L. minor may be subject to parental-age-related declines in various offspring traits potentially relating to fitness, including offspring size, life span and lifetime reproductive output (Wangermann & Ashby 1950, 1951; but see Claus 1972). Because there is a premium on early reproduction, life span and lifetime reproductive output may be poor measures of overall fitness (Stearns 1992; Partridge & Barton 1996). Thus, to understand whether L. minor is subject to age-related declines in offspring fitness (in addition to agerelated declines in survival and reproduction), we employ a demographic measure that better approximates realized fitness – the intrinsic rate of increase (r) measured at the level of individual offspring.

Materials and methods

STUDY SPECIES

Lemna minor is a small aquatic plant belonging to Lemnoideae (the duckweeds), a subfamily comprising 'the simplest and smallest of flowering plants' (Hillman 1961, p. 222). It occurs in slow-moving freshwater bodies on every continent except Antarctica (Landolt 1986) and is tolerant to a wide range of environmental conditions (Wang 1990; Mkandawire & Dudel 2000). Individual plants are about 3–5 mm long and consist of a free-floating frond (also called a thallus; a combination of leaf and stem) and a single root that emanates from the frond's lower surface (Lemon & Posluszny 2000). Proliferation of *L. minor* is dominated by vegetative

reproduction – offspring (often referred to as daughter fronds) develop asexually in alternating succession from one of two meristematic pockets within the parent (Landolt 1986). Under optimal laboratory conditions, each plant will produce about 15 offspring within a life span of approximately 30 days (Lemon, Posluszny & Husband 2001). We note that, unlike most vascular plants, duck-weeds have a unitary growth form and determinate growth potential – maximum frond size is usually achieved prior to a frond detaching from its parent (Hillman 1961).

OVERVIEW

We tested for age-related declines in components of *L. minor* fitness in two phases.

Phase one: survival and reproduction

First, to measure the influence of age on rates of survival and reproduction, we isolated 216 fronds individually in Petri dishes containing a liquid growth medium and observed the fronds daily for the duration of their lives. The first day of life was defined as the day that a frond detached from its parent, and death was defined as the day that a frond's final daughter detached (there are no obvious physiological definitions of death in *L. minor*, as the progression of cell death during frond senescence generally spans 10 or more days). Every day during a frond's lifetime, we observed whether or not the frond reproduced – that is whether any of its daughters detached since the previous day's observation. Detached daughters were aseptically removed from the Petri dish and discarded.

Phase two: offspring quality

The second phase of our study examined changes in offspring quality (measures included the intrinsic rate of increase, total reproductive output, latency to reproduce, life span and frond size) as a function of parental age. We isolated 41 'parental' fronds individually in Petri dishes and observed them daily for the duration of their lives as described above. This time, however, instead of being discarded, the daughters (the 'focal' generation, n = 542) of the 41 parental fronds were transferred to their own Petri dish upon detaching from the parent, randomly assigned to one of three growth chambers, and observed for reproduction daily for the duration of their lives. Four of the 542 focal fronds (all of which were the final daughters produced by their respective parents) remained attached to their parent for a prolonged period of time - well into their reproductive life span. We defined the first day of life for these four individuals as the day that their first daughter detached.

PLANTS AND GROWTH CONDITIONS

The plants used in this study were derived from a clonal lineage that we obtained from the Canadian Phycological Culture Centre (CPCC 492 *Lemna minor*; originally collected from Elk Lake, British Columbia, Canada; $48^{\circ}31'30''N$, $123^{\circ}23'18''W$). We studied a genetically homogeneous sample because heterogeneity (both genetic and environmental) can sometimes mask true patterns of senescence (Zens & Peart 2003). Due to the possibility of parental age effects in *L. minor* (e.g. Wangermann & Ashby 1950, 1951), we also strove for 'genealogical' homogeneity among our focal plants. Specifically, the 216 focal fronds in *Phase one* and 41 parental fronds in *Phase two* were each first daughters of first daughters (etc.) going back at least five generations.

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Plants were aseptically cultured in 60×10 mm Petri dishes containing 10 mL of modified Hoagland's E+ growth medium (Environment Canada 2007) and kept inside growth chambers set to 25 °C with a 12:12 photoperiod and a photosynthetic photon flux density at plant height of approximately 500 μ mol m⁻² s⁻¹. To ensure environmental constancy (e.g. to account for evaporation, nutrient depletion, etc.), we aseptically transferred each plant into a new Petri dish with 10 mL of fresh growth medium every four days. Two of the 216 fronds from Phase one developed bacterial contamination and so were discarded and not included in the analyses below. There was no bacterial contamination during Phase two. Low rates of fungal contamination occurred in both phases of our study, always taking the form of an isolated clump of stringy white fungus within the growth medium. When such contamination was detected, the corresponding frond was aseptically transferred to a new Petri dish with fresh growth medium. This intervention was successful given that no plant was ever subject to more than a single instance of fungal contamination.

FITNESS MEASURES

Phase one: survival and reproduction

Our measures of fitness in *Phase one* were daily rate of survival and daily rate of reproduction conditional on survival. Although fronds occasionally released two daughters on the same day (this occurred in 8.6% of the reproductive events that we observed), we chose to analyse reproduction as a binary event (0 = did not reproduce, 1 = released one or two daughters). Treating reproduction as binary instead of ordinal made it easier (statistically) to account for non-independence due to repeated observations on the same individuals.

Phase two: offspring quality

Our primary measure of offspring fitness was the intrinsic rate of increase (r) measured at the level of individual fronds, as described in McGraw & Caswell (1996). Intrinsic rate of increase is an appropriate measure of fitness for stable populations under constant environmental conditions (Metcalf & Pavard 2007) and can be calculated as the natural logarithm of the dominant eigenvalue of a Leslie matrix. To construct a Leslie matrix for single individuals, the age-specific survival rate was set to 1 for each age at which an individual survived, and 0 for every other age (McGraw & Caswell 1996). Measuring fitness in this way - at the level of the individual - is sometimes problematic due to a lack of replication (Link, Cooch & Cam 2002). However, our use of a single clone negates this problem. The realized fitness of replicate fronds of a given parental age should reflect the same underlying fitness propensity (or 'latent fitness'), and thus, our approach entails appropriate replication.

In addition to our primary measure of offspring fitness (the intrinsic rate of increase), we examined four secondary measures of offspring quality (not necessarily directly related to fitness): total number of offspring produced, latency to first reproduction (days between detachment from parent and first daughter detaching; inversely related to fitness), life span (days between detachment from parent and last daughter detaching) and frond surface area. Frond surface area was measured in IMAGEJ v. 1.43u (Rasband 2012) using images captured with a microscope-mounted digital camera. Images used for surface area measurement were captured late in a frond's life when it had no attached daughters. Occasionally, fronds produced late in their parent's life were 'curled' (see Fig. S1 under Supporting Information), which complicated the measurement of surface area. For the 42 focal fronds in *Phase two* that were curled, we estimated surface area based on

the length of each frond's longitudinal axis (Fig. S1). These 'corrected' estimates were interpolated from a linear regression of surface area on length for the 500 non-curled fronds (Fig. S2).

DATA ANALYSIS

All analyses were conducted in R v. 3.0.2 (R Core Team 2013).

Phase one: survival and reproduction

To understand how daily rates of survival varied with age, we fit and compared four candidate survival models as follows (described in Pletcher, Khazaeli & Curtsinger 2000; Sherratt *et al.* 2010): exponential, Weibull, Gompertz and logistic. The exponential model serves as a null hypothesis of no senescence because it assumes a constant rate of survival with age, whereas survival may decline with age in the other models. All survival models were fit by maximizing log-likelihood functions using the *optim* function in R, and strength of evidence was assessed using the Akaike Information Criterion corrected for small sample sizes, AIC_C (Burnham & Anderson 2002).

To test for age-related declines in the daily rate of reproduction, we used generalized estimating equations (GEE) with a binomial error structure and logit link, fit with the geeglm function in the R package GEEPACK (Halekoh, Højsgaard & Yan 2006). The GEE approach was ideal for our analysis given the possibility of within-individual negative temporal autocorrelation in reproduction (i.e. an individual that reproduces on a given day is somewhat less likely to reproduce the very next day). Due to this possibility, we favoured (based on biological relevance) a first-order autoregressive (AR-1) correlation structure, which assumes that the correlation between repeated observations on the same subject is inversely related to the distance (or time) between those observations. Other common correlation structures include 'exchangeable' (constant within-subject correlation; similar to a mixed-effects model with subject-level random intercepts) and 'independence' (no within-subject correlation; equivalent to a generalized linear model) (Zuur et al. 2009). We used the Rotnitzky-Jewell (RJ) criteria (Rotnitzky & Jewell 1990) and the rule-out criterion proposed by Shults et al. (2009) to compare the three correlation structures described above, and a Wald test to assess the effect of age on probability of reproduction. The RJ criteria include three metrics by which to compare robust (empirical) estimates of a covariance matrix to naïve (model-based) covariance estimates. The model in which the working correlation structure best approximates the 'true' correlation structure is the model for which empirical and model-based covariance estimates are most similar (Wang & Carey 2004; Shults et al. 2009). The rule-out criterion rejects correlation structures yielding estimated covariance matrices that are not positive definite - indicative of a misspecified correlation structure (Crowder 1995; Shults et al. 2009). Note that, in the analyses of reproduction described above, we excluded data for the first day of each frond's life because none of the 216 focal fronds in Phase one reproduced on day one.

Phase two: offspring quality

To understand whether offspring quality declined with parental age, we modelled our primary measure of offspring fitness (intrinsic rate of increase) and secondary measures of offspring quality (total offspring, latency to first reproduction, life span and surface area) as functions of the age of the parent when the focal frond (i.e. offspring) detached, while controlling for the growth chamber that the focal frond was assigned to. All of the relationships between offspring quality and parental age were nonlinear and could not be transformed to linearity, so in all cases we examined polynomials of parental age up to a degree of three.

The modelling approach described hereafter follows Zuur et al. (2009). To account for potential non-independence of offspring derived from the same parent, we initially fit linear mixed models describing a given measure of offspring quality as a function (either linear, quadratic or cubic) of parental age and linear function of growth chamber, with one of three random effect structures: (i) random intercept and slope terms for parent identity, (ii) random intercept term for parent identity or (iii) no random effects. These models were fit via restricted maximum likelihood (REML) using the *lme* or *gls* functions (*gls* was used for models without random effects) in the package NLME (Pinheiro et al. 2010). To identify the best random effect structure (separately for each measure of offspring quality), we compared the nine models (3 random effect structures \times 3 polynomials of parental age) using AIC_C. We did not encounter any instances in which the 'best' random effect structure differed between the three polynomials of parental age for a given measure of offspring quality (i.e. selection of the best random effect structure was always unanimous).

Once the best random effect structure was established, we moved on to the fixed effects (parental age and growth chamber). In this portion of the analysis, models were fit via maximum likelihood (ML), again using either the *lme* or *gls* functions. Our approach here was to construct 'full' models describing each of the five measures of quality as a cubic function of parental age and linear function of growth chamber (with the appropriate random effect structure, as described above). We then compared all fixed-effect subsets of each full model using the *dredge* function in the package MUMIN (Barton 2013) and AIC_C values. Our all-subsets approach yielded eight models for each measure of offspring quality: three polynomials of parental age (either with or without a term for growth chamber), a growth chamber only model and a null model with only an intercept.

We visually assessed model assumptions (independent, normally distributed error with homogeneous variance) for each measure of offspring quality using standard diagnostic plots including quantile–quantile plots, histograms of model residuals, scatterplots of residuals vs. fitted values, and scatterplots or histograms of residuals vs. independent variables (including the random effect term for parent identity). Diagnostic plots suggested that parametric assumptions were violated for the best model of intrinsic rate of increase (residuals were positively skewed). We therefore repeated the above-described protocol on natural log-transformed intrinsic rates of increase, which resulted in a best model that was more closely in line with parametric assumptions.

Results

PHASE ONE: SURVIVAL AND REPRODUCTION

We observed a significant decline in daily rates of survival with increasing frond age (Fig. 1a). In particular, of the four candidate survival models that we examined, the three models in which survival rates declined with age received greater statistical support (i.e. had much lower AIC_C values) than the exponential model which assumes a constant survival rate (Table 1). We also observed significant age-related declines in the daily probability of reproduction (Wald test, $\chi^2 = 652.3$, d.f. = 1, P < 0.001; Fig. 1b). Predicted daily probability of reproduction from the fitted GEE declined from 0.65 at day one to 0.28 at day thirty. The Wald test and predicted probabilities of reproduction described above were based on a GEE with autoregressive



Fig. 1. Age-related changes in rates of survival (a), rates of reproduction (b) and offspring fitness (c) in *L. minor*. Offspring fitness is measured as the log-transformed intrinsic rate of increase (r), which has units of day⁻¹. Best-fit models are described in the text and Tables 1–3. In semi-log survival plots such as in panel a, a population with constant survival rates (i.e. with no senescence) would appear as a straight line.

 Table 1. Comparison of models describing age-specific rates of frond survival. The best model is in bold

| Model | Parameters | Deviance | AIC _C | ΔAIC_C | AIC _C weight |
|-----------------------------------|------------|----------|------------------|----------------|----------------------------|
| Logistic | 3 | 1195.9 | 1202·0 | 0.0 | 0.99 |
| Weibull | 2 | 1222.1 | 1226-2 | 24.2 | <0.001 |
| Gompertz | 2 | 1258.5 | 1262.5 | 60.5 | <0.001 |
| Exponential (no senescence) | 1 | 1808.1 | 1810-1 | 608.1 | <0.001 |

(AR-1) correlation, which was selected as a more appropriate working correlation structure than 'independence' based on the RJ criteria (Table 2). The 'exchangeable' correlation structure was ruled out because it yielded an estimated covariance matrix that was not positive definite,

Table 2. Comparison of working correlation structures for generalized estimating equation models describing age-specific rates of reproduction. The 'best' working correlation structure (in bold) is the one that yields Rotnitzky–Jewell (RJ) values RJ1 and RJ2 closest to 1, and a value of RJ3 closest to 0. Working correlation structures that fail to yield a positive definite covariation matrix are ruled out

| Working correlation | Positive definite covariation | D 11 (-) | D 10 (=) | D 12 (Ā |
|--------------------------|-------------------------------------|------------------|------------------|------------------|
| structure | matrix? | $RJI(c_1)$ | $RJ2(c_2)$ | RJ3 (<i>d</i>) |
| Independence | Yes | 0.25 | 0.07 | 0.58 |
| Autoregressive (AR-1) | Yes | 0.42 | 0.19 | 0.36 |
| Exchangeable | No | - | - | - |

potentially indicating a misspecified correlation structure (Crowder 1995; Shults *et al.* 2009). The estimate for the correlation parameter of the AR-1 model was -0.28 (± 0.02 , SE), indicating moderate within-subject negative temporal autocorrelation in reproduction.

PHASE TWO: OFFSPRING QUALITY

There was a strong decline in our primary measure of offspring fitness, the intrinsic rate of increase, with increasing parental age (Fig. 1c). We also observed parental-agerelated declines in three of our four secondary measures of offspring quality: total offspring produced, latency to first reproduction (this inverse measure of quality technically increased with parental age) and frond surface area (Fig. 2a,b,d). Life span, conversely, did not decline with increasing parental age (Fig. 2c). The models of offspring quality selected as best (lowest AIC_C) were in all cases nonlinear with respect to parental age. Specifically, best models always described offspring quality as either a quadratic or cubic function of parental age (Table 3). Except for frond surface area, best models (or a close second-best model in the case of latency to reproduction, $\Delta AIC_C = 0.1$) always included a term for growth chamber, suggesting that measures of offspring quality consistently differed among the three growth chambers that we used (Table 3). Excepting latency to reproduction and life span, best models also always included random intercept and slope terms for parent identity, suggesting non-independence of offspring derived from the same parent (Table 3).

Discussion

We observed strong age-related declines in three demographic components of fitness in *L. minor*. Old plants had lower rates of survival and reproduction, and produced offspring of lower fitness than younger plants. While many species are known to experience age-related declines in at least one component of fitness, our study is to our knowledge the first to demonstrate simultaneous age-related declines in these three major demographic components of fitness, and also one of few studies to demonstrate agerelated declines in a measure of offspring quality that closely approximates fitness (see also Gillespie, Russell & Lummaa 2013a). Of course, these results were obtained in a controlled, laboratory setting, so we encourage further research examining how the demographic patterns we identified manifest in the wild.



Fig. 2. Parental-age-related changes in secondary measures of offspring quality including total offspring produced (a), latency to first reproduction (inversely related to fitness; b), life span (c) and frond surface area (d). Point area is proportional to the number of observations at a given set of coordinates. Best-fit models are described in the text and Table 3.

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Table 3. Comparison of models describing measures of offspring quality as functions of parental age (p.age) and growth chamber (chamb). For each measure of quality, the best model is in bold. Only the five best models are displayed for each measure of offspring quality

| Measure of offspring quality | Model* | d.f. | Deviance | AIC _C | ΔAIC_{C} | AIC _C weight |
|---|----------------------------|------|----------|------------------|------------------|-------------------------|
| log (Intrinsic rate of increase) [‡] | $p.age^2 + chamb$ | 9 | -192.8 | -174.4 | 0 | 0.44 |
| | p.age ² | 7 | -187.8 | -173.6 | 0.9 | 0.29 |
| | $p.age^3 + chamb$ | 10 | -192.9 | -172.5 | 2.0 | 0.17 |
| | p.age ³ | 8 | -187.9 | -171.7 | 2.8 | 0.11 |
| | p.age ¹ | 6 | -127.4 | -115.2 | 59.2 | <0.001 |
| Total offspring [‡] | p.age ³ + chamb | 10 | 1854-1 | 1874.5 | 0 | 0.83 |
| | p.age ³ | 8 | 1861.4 | 1877.6 | 3.1 | 0.17 |
| | $p.age^2 + chamb$ | 9 | 1871.0 | 1889.3 | 14.9 | <0.001 |
| | p.age ² | 7 | 1877.0 | 1891.2 | 16.7 | <0.001 |
| | $p.age^1 + chamb$ | 8 | 1963.0 | 1979.3 | 104.8 | <0.001 |
| Latency to reproduce [†] | p.age ² | 4 | 1502-4 | 1510.5 | 0 | 0.30 |
| | $p.age^2 + chamb$ | 6 | 1498.4 | 1510.6 | 0.1 | 0.28 |
| | p.age ³ | 5 | 1501.0 | 1511.1 | 0.6 | 0.22 |
| | $p.age^3 + chamb$ | 7 | 1497.1 | 1511.3 | 0.8 | 0.20 |
| | p.age ¹ | 3 | 1571.7 | 1577.8 | 67.3 | <0.001 |
| Life span [†] | $p.age^3 + chamb$ | 7 | 3005.0 | 3019-2 | 0 | 0.95 |
| | $p.age^2 + chamb$ | 6 | 3013.0 | 3025.2 | 6.0 | 0.05 |
| | chamb | 4 | 3025.2 | 3033.3 | 14.1 | 0.001 |
| | $p.age^1 + chamb$ | 5 | 3025.2 | 3035.3 | 16.1 | <0.001 |
| | p.age ³ | 5 | 3033.2 | 3043.3 | 24.1 | <0.001 |
| Frond surface area [‡] | p.age ³ | 8 | 970·2 | 986 .5 | 0 | 0.67 |
| | $p.age^3 + chamb$ | 10 | 967.5 | 987.9 | 1.4 | 0.34 |
| | p.age ² | 7 | 1002.0 | 1016.2 | 30.0 | <0.001 |
| | $p.age^2 + chamb$ | 9 | 998.4 | 1016.7 | 30.2 | <0.001 |
| | p.age ¹ | 6 | 1236.4 | 1248.5 | 262.0 | <0.001 |

*Numeric superscripts beside the parental age term (p.age) indicate polynomial degree. For example, p.age³ indicates that the measure of offspring quality was modelled as a cubic function of parental age.

[†]Models do not include random effects.

^{*}Models include random intercept and slope terms for parent identity.

OFFSPRING QUALITY AND THE EVOLUTION OF SENESCENCE

Classic theories for the evolution of senescence implicitly assume that all offspring are of equal fitness, so that the action of natural selection depends only on age-specific rates of survival and reproduction (e.g. Williams 1957; Hamilton 1966; Kirkwood & Rose 1991). Our results suggest that this assumption does not always hold, in which case selection may depend additionally on age-specific trajectories of offspring fitness. Why would this matter? There are few theoretical results to guide us here, but a recent analysis by Gillespie et al. (2013b) suggests that birthorder-related declines in offspring fitness (similar in principle to parental-age-related declines) lead to steeper declines in the force of selection compared to what would be expected under classical models of senescence. In other words, not accounting for declining offspring fitness, where it occurs, may lead us to underestimate age-related declines in the force of selection. As many authors have argued, senescence, or more generally the action of selection, cannot be understood in terms of a single 'vital rate' or component of fitness (Partridge & Barton 1996; Caswell 2001; Nussey et al. 2008). We suggest, following Kern et al. (2001), that research on the evolutionary biology of senescence should devote attention to one extra vital rate – offspring quality. This often unrecognized component of fitness can clearly change with age, as we have shown in L. *minor*, and may be just as important in shaping overall fitness as survival and fecundity.

SENESCENCE IN PLANTS

Evolutionary theories of senescence suggest that agerelated declines in fitness evolve because, for populations subject to nonzero mortality, the force of natural selection declines with age (Medawar 1952; Williams 1957; Hamilton 1966). Simply put, natural selection discounts old age classes because relatively few individuals survive into old age, even in the absence of senescence. However, a number of authors have suggested that senescence should be relatively rare among vascular plants (Vaupel et al. 2004; Peñueles & Munné-Bosch 2010) or even that plants are predisposed to immortality (Silvertown, Franco & Perez-Ishiwara 2001). Such views are based on unique aspects of the plant form and life history. For example, unlike other organisms that exhibit determinate growth, many vascular plants exhibit continual growth and regeneration via totipotent apical meristems (Roach 2001). This indeterminate growth pattern potentially allows for a continual increase

in reproductive potential with age, which may translate into an increase in the force of natural selection with age (Vaupel *et al.* 2004).

Although some iteroparous plants (e.g. Herrera & Jovani 2010; Shefferson & Roach 2013) and all semelparous plant species exhibit senescence, comparative studies to date have largely confirmed the predicted rarity of senescence among iteroparous vascular plants (Silvertown, Franco & Perez-Ishiwara 2001; Baudisch et al. 2013). Furthermore, a recent analysis by Caswell & Salguero-Gómez (2013) found that the force of selection does in fact increase with age for many iteroparous plants, especially within later stages of the plant life cycle. Why then is the iteroparous L. minor subject to senescent decline when its relatives within Plantae seem mostly immune? Unlike most vascular plants, L. minor has a unitary growth form and exhibits determinate growth at the level of individual fronds, which usually reach their full growth potential prior to detaching from their parent (Hillman 1961). This determinate growth pattern, combined with potentially high rates of extrinsic mortality due to herbivory and disease (Landolt 1986), likely leads to a decline in the force of natural selection with age, making L. minor's age-related declines in fitness consistent with evolutionary theory.

PROXIMATE EXPLANATIONS FOR DECLINING OFFSPRING QUALITY

Age-related declines in fitness generally coincide with various forms of physiological deterioration or damage (Munné-Bosch 2007; Lindner et al. 2008; Monaghan 2010). Although our study did not specifically examine proximate explanations for senescence, we briefly touch on a potential explanation for age-related declines in offspring quality in L. minor. In general, age-related declines in offspring quality (including the Lansing effect) are thought to relate either to declines in parental care or provisioning of offspring (Fox 1993), the accumulation of mutations in parental reproductive tissue (Crow 1997), or the accumulation and transfer of deleterious compounds from parent to offspring (Ashby & Wangermann 1951). Of the three explanations above, mutation accumulation seems the least likely in this case given L. minor's almost-exclusive asexual reproduction, which would render it subject to Muller's ratchet and mutation meltdown (Lynch et al. 1993). While we are not able to rule out the other two explanations in the case of L. minor, we suggest another, non-exclusive possibility – that declining offspring quality in L. minor is caused by age-related structural changes in the environment in which fronds develop. In particular, Lemon & Posluszny (2000) found that when a daughter frond detaches from its parent, a small amount of connective tissue (deriving from a structure called the stipe) is left behind in the parent's meristematic pocket. They report, 'after several daughter fronds have been produced, a large amount of stipe tissue will have accumulated in the pockets' (p. 743). We hypothesize that the accumulation of stipe

tissue in the meristematic pockets of *L. minor* fronds progressively constricts or otherwise modifies the growth environment experienced by successive daughters, which may play a role in the age-related declines in offspring size and fitness observed in our study. This hypothesis yields a potentially testable prediction: the artificial removal of accumulated stipe tissue should delay age-related declines in offspring size and/or fitness.

SENESCENCE IN LEMNA

Wangermann & Ashby (1950, 1951) documented parentalage-related declines in offspring size, life span and lifetime reproductive output in L. minor, whereas Claus (1972) observed a slight increase in offspring life span and no change in lifetime reproductive output with increasing birth order (similar in principle to parental age). In Claus's study, birth order was confounded with other aspects of genealogy and there were very few plants representing the highest birth orders (i.e. greatest parental ages), so his results are difficult to interpret and we do not consider them further. Similar to Wangermann and Ashby, our results demonstrate age-related declines in offspring size and lifetime reproductive output, and we extend the results of Wangermann and Ashby in a manner relevant to evolutionary theories of senescence by specifically demonstrating age-related declines in offspring fitness (i.e. intrinsic rate of increase). We did not, however, observe declines in offspring life span with increasing parental age. One possible explanation for the conflicting results relates to how we defined death (i.e. the day that a frond's final daughter detached). It is not clear to us exactly how Wangermann and Ashby defined death, but they seem to have assessed death visually based on a loss of pigment. The difference between these two definitions of death might be considered the post-reproductive life span (i.e. the time between a final reproduction and the complete loss of pigment). If postreproductive life spans (but not reproductive life spans) tend to decline with increasing parental age in L. minor, we would expect to see age-related declines in offspring life span under Wangermann and Ashby's (presumed) definition of death, but not under our own.

Conclusions

We found that, in a controlled laboratory environment, L. minor fronds exhibited age-related declines in three major demographic components of fitness – survival, reproduction and offspring fitness. Following Kern *et al.* (2001), we suggest that both theoretical and empirical research on the evolutionary biology of senescence should devote more attention to age-related changes in offspring quality. This often unrecognized component of fitness can clearly change with age, as we have shown in *L. minor*, and may be just as important in shaping overall fitness as survival and fecundity. Incorporating offspring quality into demographic and evolutionary analyses will no doubt be

challenging. Indeed, determining the appropriate measure of fitness is difficult even when only the traditional fitness components – survival and fecundity – are considered (Link, Cooch & Cam 2002; Metcalf & Pavard 2007). Nonetheless, we suggest that treating offspring quality as a component of fitness that may covary or trade off with other fitness components, and be shaped by age-specific changes in the force of natural selection alongside other fitness components, may provide important insight into the evolutionary biology of senescence.

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Data accessibility

Data deposited in the Dryad repository: http://doi.org/10-5061/dryad.t938n (Barks & Laird 2014).

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Supporting Information

Additional Supporting information may be found in the online version of this article:

Fig. S1. Images of non-curled and curled fronds.

Fig. S2. Estimating the surface area of curled fronds.